

Orang utan Friendly Shopping List

BABY PRODUCTS

Bepanthen	antiseptic cream
Curash	medicated anti-rash family powder
Eco Store	baby nappy balm protection
Farex	baby rice and cereals
Green Monkey	organic baby food
Heinz	summer drink
Heinz Little Kids	6 rice bars – banana and honey, 12 bread sticks – cheesy, cheesymite
Heinz Nurture 3	toddler milk drink
Johnson's	baby bedtime oil, baby powder, mineral oil
Karicare	steriliser tablets
Lansinol	
Little Genie	baby wipes, natural bamboo baby wipes
Milton	anti-bacterial tablets
Only Organic	baby food, first cereal
Precious	biodegradable wipes, flushable wipes
Select	baby wipes scented refill, travel baby wipes, unscented baby wipes
Ungvita	Vitamin A ointment
UV Tripleguard	Colourtech Kids sun spray
Vaseline	jelly
Wattie's	baby food jars, cans
Wattie's Create	All
Wattie's For Baby	All
Wattie's Kids Simply	All
Wattie's Little Kids	All cans
Wattie's Organic	All jars
Wiggles	toddler wipes
Woodward's	original gripe water



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BAKING SUPPLIES

All	food colours and essences
Angas Park	dried diced apricots, figs, prunes, soft and juicy apricots
Bakels	pettinice almond flavoured icing, white icing
Betta	mallow bakes
Betty Crocker	creamy deluxe vanilla frosting, ready to spread creamy deluxe milk choc frosting
Blackwood Lane	marzipan, rainbow chocolate chips, sugar crystals
Cadbury Bournville	cocoa
Champion	high-grade white flour, self-raising white flour, wholemeal wheat flour
Chelsea	caster sugar, dark cane sugar, Demerara sugar, golden syrup, icing sugar, soft brown sugar, treacle, white sugar
Cinderella	dates
Davis	gelatine
Dollar Sweets	Bright, chocettes, hundreds and thousands
Edmonds	baking powder, baking soda, corn flour, high-grade flour, instant dry yeast, natural wheat bran, self-raising flour, standard flour, wholemeal flour
Equal	tablets, refills, sachets
Hansells	cream of tartar, pancakes in a flash
Healtheries	fine ground flaxseed, fine ground gluten flour, ground rice flour, natural bran flakes
Homebrand	brown sugar, cocoa, dried apricots, glace cherries, high-grade flour, icing sugar, mixed fruit, self-raising flour, sultanas, white sugar, wholemeal flour, corn flour
Joyline	silver cachous, hundreds and thousands, mini flavoured decorations
Nestlé	baking cocoa, choc bit (milk, dark, white), rich dark cooking chocolate
Ocean Spray	craisins
Queen	glucose syrup, vanilla bean dusting sugar, vanilla bean paste, writing icing
Select	golden syrup



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BAKING SUPPLIES

Signature Range	cocoa powder, dark chocolate chips
Splenda	low calorie sweetener (powder)
Sucaryl	liquid and tablets
Sunbeam	fruit flakes, fruit on the go - fruit salad, tropicana
Sun-Maid	raisins
Sunsweet	dried apricots, prunes, prunes (ones)
Tasti	figs, glace cherries, mixed peel, ready to eat apricots
Weight Watchers	sweetener

BISCUITS

Arnott's	Kohi Classics shortbread, snack right sultana
Griffin's	butter shortbread, cookie bear party time wafers, Vitalife wellgrain range
Homebrand	vanilla crème, strawberry crème, chocolate crème
Kraft	Oreo chocolate sandwich cookies
Loacker	Gran Pasticceria noir orange
Select	cookies
Tuckers	Natural Gourmet - dessert crackers



Orang utan Friendly Shopping List

BREADS, ROLLS, OTHER BREAD PRODUCTS

Abe's Real Food Company	baby bagels natural
Bazaar	All
Bürgen	All
Country Life Bakery	
Country Split	All
Danny's	real pita bread
Delphi Souvlaki Pita	All
Dovedale	Rice Chea Gluten-free, rye-linseed bread
Flinders	
Freshzone	Check labels for type of oil used
Freya's	All
Giannis	pita bread
Golden crumpets	
Helga's	
Homebrand	wheat meal bread, white bread
La Famiglia	
Leaning Tower	
MacKenzie High Country	
Marx	All
Mighty Soft	
Molenberg	All
Nature's Fresh	
Pane Toscano	classic ciabatta, focaccia bread
Quality Bakers	All
Signature Range	bread, pita bread
Sunny Crust	white sandwich bread, wholemeal bread
Tip Top Super Soft	malted wholemeal, white and wholegrain, wholemeal and grains
Vogel's	All
Wonder White	



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BREAKFAST CEREALS

Homebrand	bran & sultanas, cocoa puffs, cornflakes, crunchy grain cereal, fruity Rings, honey poppas, rice pops, tropical muesli, wheat biscuits
Hubbards	Honey Bee good cereal, Honey Bumbles, Inspirations cereal, Outward Bound chunky multigrain energy cereal, simply muesli
Kelloggs	Cocoa Pops, Crispix Cocoa, Crispix, Honey, Rice Bubbles, Special K
Sanitarium	Honey Puffs, Puffed Wheat, Ricies, Skippy Cornflakes, Weetbix Original
Select	muesli
Signature Brand	wheat biscuits
Uncle Toby's	plus muesli

CAT FOOD

Chef	
Fancy Feast	gourmet gold, Purina small tins, Royale small tins
Friskies	Purina party mix cat treats
Healthful Life	Purina cat chow
Heinz Gourmet	cat/kitten
Heinz Gourmet	pouches - tuna red meat, salmon in jelly
Homebrand	cat food
Optimum Waltham	
Purina	complete formula - cat chow, kitten chow, One, One Natural Blends
Rival	
Whiskas	canned, cravers, milk, temptations treats
Select Pouches	chicken, deep-sea delight with mackerel in sauce, prawn & gravy, rock lobster & seafood bisque, turkey & giblets in gravy
Select	chicken, chicken giblet, chicken with salmon fillet, red snapper*, salmon fillet, tender beef morsels, tender tuna*, tuna with prawn*, turkey, vegetable & egg
Tasti	dinner

*see www.forestandbird.org.nz/what-we-do/publications/-best-fish-guide



Orang utan Friendly Shopping List

CLEANING PRODUCTS

Down to Earth	laundry concentrate powder, dishwashing liquid
Eco Store	floor cleaner, window cleaner, toilet cleaner, insect repellent, wool wash,
Greenwoods	washing soda crystals
Green Works	cleaning products range
Next Generation	All – including dishwashing tablets

CONFECTIONERY

Cadbury	Dairy milk chocolate
Go Nutz	All
Scarborough Fair	Adore milk chocolate, Sinless dark chocolate, Sublime fruit and nut
Trade Aid	Fair Trade dark chocolate 70% cocoa, orange, mint, almond
Whittaker's	chocolate

CONFECTIONARY (FROZEN)

Juicies	All
Killinchy Gold	All
Kiwi Crush	All
Minoo	gelato – chocolate, coffee



Orang utan Friendly Shopping List

CRISPS, CHIPS, CRACKERS, MEXICAN BREADS, POPCORN

Abe's	bagel bites, bagel crisps
Always Fresh	rosemary & sea salt
Arnott's	Cruskits - corn
Ceres Organics	savoury rice chips – gluten-free, sea salt, tamari soy
Copper Kettle	lime and black pepper, sea salt, woodfire BBQ
Dainty	rice crackers – jumbo mix
ETA - Upper Cuts	Crostini – feta & garlic, sea salt with poppy seeds, tomato basil, brie
Freedom Foods	chickpea chips, gluten free wraps
Garden of Eatin'	sesame blues, mini yellow rounds, blue chips, red-hot blues
Gonuts	corn chips – cheese, salsa, popcorn - double butter salted
Healtheries	BBQ rice wheels
Jolly Time	popcorn – butter, white & buttery, blast O butter
Light Plus Bluebird	All
OrgraN	Crispibites – mini corn crisp bread
Pams	taco shells, taco kits
Perfetto	mini ciabatta Italian flat bread
Pop 'n' Good	honey popcorn
Pretzel Pete	gourmet pretzel nuggets - garlic & cheese, habanero, honey mustard, sour cream
Pito's Pita Crisps	tangy tomato & red pepper salsa, parmesan & cracked pepper, sour cream & chives
Schultz	pretzels
Solay	multigrain potato crisps – tzatziki, sea salt, sour cream & chives
Tio Pablo	authentic corn tortillas
Valuepack	pretzel range
Vege Chips	multi packs – all flavours
Very Premium	savoury straws - original cheese, poppy seed, parmesan
Very Premium	water thins - cheese crisps, parmesan & garlic, feta and olive, poppy & cracked pepper



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CRISPS, CHIPS, CRACKERS, MEXICAN BREADS, POPCORN

Very Premium	bagelettes, original, garlic
Weight Watchers	potato bakes – lightly salted
Weight Watchers	potato bakes – sour cream & chives
Tuckers	natural gourmet crackers - oatmeal, caramelised onion, coriander & cracked pepper

DAIRY, DIPS, DRESSINGS, SAUCES AND SPREADS

Alfa One	aioli dressing, caesar dressing, creamy blue cheese dressing, creamy smoked paprika dressing, mayonnaise dressing,
Anchor	lite spreadable, reduced fat butter with olive oil
Bean Supreme	ginger and honey marinated tofu
Best Foods	Real mayonnaise, light mayonnaise
Butter	All standard butter
Colman's	mustards
Cotterill and Rouse	balsamic, mango & chilli, Thai coriander & lime
Country Goodness	green onion dip, sour cream & chives dip sour cream
Delmaine	beef lasagne, carbonara sauce, chicken & cashew tortellini, mista fettuccini, pomodoro sauce, traditional tomato sauce
Edmonds	Balsamic, Caesar, Thousand Island, 100% fat free Italian, 100% fat free French, Ranch, whole egg mayonnaise
ETA	avocado & garlic, aged balsamic with horopito, aioli, balsamic, caesar, coleslaw French - lite 'n' Free, Italian - lite 'n' Free, mayonnaise, salad dressing - lite 'n' Free, seafood classic, sour cream & chives, thousand island, tangy tomato & basil, tartare classic
Flavourit Dip	smoked salmon & dill
Frescarini	tricoloure fettuccine
Frescarini	carbonara sauce, pomodoro sauce
Fresh 'n Fruity	choc mousse
Genoese	ground fresh basil pesto



Orang utan Friendly Shopping List

DAIRY, DIPS, DRESSINGS, SAUCES AND SPREADS

Global	classic tartare, spicy seafood
Global Cuisine (Diron)	Mediterranean style cooking, devilled sausages stir through sauce, Tuscany beef casserole sauce, Moroccan lamb casserole sauce, butter chicken stir through sauce, honey garlic marinade, seafood cocktail sauce, Thai yellow curry
Gregg's	sauce - rich red tomato, smoked hickory BBQ
Heinz	mayonnaise - traditional, salad cream
Heinz	Seriously Good mayonnaise
Heinz	tomato ketchup
Hellman's	Real mayonnaise
Homebrand	BBQ sauce, coleslaw, French - fat free, HP sauce Italian - fat free thousand island, tomato sauce
Jellibotz	
Just Hummus	garlic & lemon
Kraft	lite cheese spread
La Bonne Cuisine	
La Bonne Cuisine	cucumber mint & yoghurt dip, original hummus dip, roasted garlic & onion classic dip, sun dried tomato & garlic dip
Lisa's	chunky dip - sun dried tomato basil & ricotta, grilled capsicum hummus, original hummus
Lea & Perrins	hot pepper sauce
Marmite	
Masterfoods	honey mustard, mild American mustard, fine wholegrain mustard, red wine & garlic marinade
Mediterranean	chunky dips - basil pesto, basil & tomato, hummus - roast garlic, original
Nandos	peri peri sauce
Nutella	
Olive Grove	falafel
Paul Newman's	Classic, south west, creamy roasted garlic, creamy Caesar, balsamic, ranch, light honey mustard, light Balsamic



Orang utan Friendly Shopping List

DAIRY, DIPS, DRESSINGS, SAUCES AND SPREADS

Pic's	Really Good peanut butter
Sahara	falafel
Salisbury	Smokey bacon flavoured spread, ham and chicken spread
Select	balsamic, barbecue sauce, coleslaw, Caesar, French, Italian - fat free, seafood sauce, mayonnaise - 97% fat free, tartare sauce, thousand Island, tomato sauce
Signature Range	hummus – plain, roasted pumpkin & kumara
Signature Range	All fresh pastas
Signature Range	Al Fredo sauce, pomodoro sauce
SW	Real mayonnaise
Tararua	lite sour cream sour cream,
Tararua	roast garlic & onion dip, sour cream & chives dip
Tararua	chocolate mousse
Tatua	Mr Cheese
Tuiimato	sauce
Wattie's	tomato sauce, tomato ketchup, BBQ sauce, steak sauce
Weight Watchers	caesar, honey mustard, French balsamic, mayonnaise
Whitlock's	tomato chutney sauce
Woolworths	Oriental sweet plum, Portuguese chicken, coconut extract, mustard & herb sauce
Vegemite	



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DOG FOOD AND PRODUCTS

Bruno	dog roll, dog food - black label, blue label, white label
Butch	economy hound log, wag log
Dermaleen	medicated itch wash
Dine	canned, dry
Dingo	chew bones
Gourmet	classic tender beef, dog range – canned
Homebrand	dog roll, dry dog food
Love 'em	pork liver treats
Optimum	All
Pedigree	adult complete nutrition, canned, dentastix, dry, natural, puppy chow, Schmackos
Purina	Beneful, Beneful prepared meals - roasted chicken, beef stew
Purina One	adult dog
Select	dog food
Tasti	choc drops, Dinks pork snouts, dinner, gourmet liver treats, Jerhigh, Much beef strips, pigs ears, porky bone, porky trotter, puppy bones, rawhide flat bones, chew bones, rawhide twists
Waggin Tail	Brand jerky bits, Brand meat blast pork hide twists



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FROZEN FOODS

Aria Farm	chicken strips lamb strips
Birds Eye	corn fritters
Birds Eye	oven bake fish fillets – original, lightly battered, herb & garlic
Birds Eye	tuna cakes
Dakshin's	chicken tikka masala, garlic naan, lamb korma with rice, Thai green chicken curry
Delking	sweet chilli calamari, sweet chilli prawns
Ho Mai	yum cha mini dim sim
Home Brand	frozen potato chips
Imperial	beef & vegetable dumplings
Independent	fish fingers
Inghams	chicken cordon bleu, chicken fillets - original, garlic, lemon, chicken kiev, frozen chicken – plain, flame grilled, chicken burger, tempura chicken nuggets, tenders – original
Irvine's - Super Snack	fish pie, lasagne bake, spaghetti Bolognese, butter chicken, mac 'n' cheese, beef casserole
Leaning Tower	Pizza Pronto - microwave chicken BBQ, Hawaiian
McCain	Purely potato sweet potato cubes, potato chunks, mini roasters - sea salt & garlic, Italian herbs
McCain	Shredded hash browns, original crunchy potato fries, beer batter thin & crispy crunchy potato fries, original crunchy potato wedges, hot banditos crunchy potato wedges, superfries
McCain Healthy Choice	apricot chicken
McCain	fettuccini carbonara microwave meal
Sealord	Dory-lite lemon & dill, Hoki-light mild Thai chilli, Simply Natural dory & hoki fillets, Tempura prawns
Select	French fries, crinkle cut chips, chunky steakhouse chips, supreme crunch chips, straight cut chips, light supreme crunch chips, mashed potato



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FROZEN FOODS CONTINUED...

Signature Range	garden stir-fry, oriental stir-fry vegetables with oyster sauce, Thai stir-fry vegetables with green curry sauce
Signature Range	spaghetti bolognese microwave meal
Signature Range	mixed chicken portions - baked
Talley's	stir-fry vegetables
Tegel	battered chicken drums – pieces, breast fillets – basted, breasts – tandoori, chargrill chicken steak, chicken bites, crumbed chicken nuggets, frozen chicken - plain, grilled chicken breast strips, sweet chilli lime breast, tempura battered chicken nuggets, zoo animal chicken nuggets
Uncle Chang's	beef & black bean sauce, chicken & hot pepper sauce, home-style chicken, meal for one – sweet & sour pork, roast pork & meal to go – sweet & sour pork
Wattie's Wok creations	stir-fry – Chinese, Hong Kong, Malaysian style, Vietnamese
Wattie's	Golden Heart - mashed potato with roasted garlic chives & black pepper, home-style, pom poms, original medallions, hash brown buttons, tri browns, jacket wedges, crunchy wedges original, Kumara chips skin on, potato roasters - rosemary & garlic, duchess potatoes, Golden Heart chunky cut chips, shoestring fries, super oven chips, crispy crinkle cut chips
Wattie's	smoked fish pie microwave meal, mild chicken curry, chicken chow mein, mac & cheese, curried Sausage, sweet & sour pork
Wattie's Big Eat	chicken schnitzel
Wattie's Home style	roast beef
Wattie's Steamfresh	chicken & cashew noodles, salmon linguine
Weightwatchers	spaghetti & meatballs, beef burgundy, chicken fettuccini, beef hotpot



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MUESLI BARS AND SNACK BARS

Envirokidz	crispy rice – chocolate, berry
Florida's Natural	Awesome fruit nuggets
Freedom Foods	muesli breakfast bars
Fruitwise	fruit strips
Ledn Nutrition	gluten free bars
Mother Earth	All
Naked	cashew & coconut, almond & cranberry, macadamia & apricot
Nature Valley	Crunchy - apple crisp, roasted almond, oats & honey
Nice	natural nut bars – almond, extreme apricot, Delicious, extreme almond, extreme peanut
Pams	fruit & nut
Pams	Tandem fruit cereal bars
Rollups	Splitzens, Smoothies
Sunreal	Kids dried apricot mix
Tasti	Milkies, nut bar - fruit & nut

POWDERED DRINKS AND SYRUP

Baker Halls	fruit juice, syrup
Barker's	fruit juice, syrup
Buderim Ginger	ginger refresher, lemon lime & bitters (cordial)
Hansells	flavoured drink concentrate
Homebrand	
Roses	lime, blackcurrant, lemon
Schweppes	all squash and cordial
Signature Range	cordial
Sodastream	
Vita Fresh	
Vita Quench	
Weight Watchers	lemon & lime



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SOUP & STOCK

Continental	Cup-a-soup Vegi-full - rich tomato
Vegeta	gourmet stock

TOILETRIES

Dermasoft	liquid soap
Eco Store	body wash, hand wash, shampoo, conditioner, baby massage oil, baby balm, baby moisturiser
Immersion Cosmetics	family skin care range
Organic Selection	energising shampoo - rosewood & almond
Sensodyne	total whitening
Simple	refreshing facial gel
Trilogy	aromatic body oil, balancing gel cleanser, botanical body wash, certified organic rosehip oil, clean & balance shampoo, for men 2 shave, for men 3 soothe, gentle moisturising shampoo, hydrating mist toner, intensive lip treatment, purifying masque, smooth shine shampoo



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OTHER NAMES FOR PALM OIL

Cetyl Palmitate and Octyl Palmitate

Elaeis Guineensis (Taxonomic name for palm oil)

Hexadecylic or Palmitic Acid

Hydrated Palm Glycerides

Palm Oil Kernal

Palmate

Palmitate

Anything with Palmitate at the end

LIKELY TO BE PALM OIL

Cetearyl Alcohol

Emulsifier 422, 430-36, 470-8, 481-483, 493-5

Glyceryl Stearate

Sodium Dodecyl Sulphate (SDS or NaDS)

Sodium Isostearoyl Lactylate

Sodium Laureth Sulphate

Sodium Lauryl Sulphates

Steareth – 2 & Steareth – 20

Stearic Acid Vegetable Oil

